

# WELCOME TO NICO'S SEAFOOD & GRILL HOUSE

MANAGER – URSULA GARCIA HEAD CHEF – ALEX MACPHERSON

*IT IS OUR PLEASURE TO SERVE YOU.*

## APPETISERS £1.95

HOMEMADE BREAD & BUTTER - MARINATED MIXED OLIVES - SEMI-DRIED TOMATOES

## STARTERS

### SOUP OF THE DAY (V) £3.95

FRESHLY PREPARED SOUP WITH A HOMEMADE BREAD ROLL - PLEASE ASK YOUR WAITER FOR TODAY'S CHOICE.

### THE BEST SCOTTISH SMOKED SALMON £5.95

SIMPLY SERVED WITH BABY CAPERS & TOASTED HOMEMADE BROWN BREAD

### ANTIPASTO SALAD (V) £5.95

GRILLED CAPSICUMS, ZUCCHINI, SEMI-DRIED TOMATO, KALAMATA OLIVES, ARTICHOKE HEARTS, MIXED LEAVES & PARMESAN SHAVINGS

### NICO'S PRAWN COCKTAIL £5.95

NORTH ATLANTIC TIGER PRAWNS & PINEAPPLE BOUND WITH MANGO & CORIANDER MAYONNAISE

### CALAMARI SALAD £5.45

FRIED & SEASONED WITH SEA SALT, CHILLI FLAKES & LEMON - SERVED WITH GARLIC AIOLI

### SHUCKED OBAN OYSTERS 3 ~ £4.95 6 ~ £8.95

SERVED IN THE HALF SHELL WITH FRESH LEMON OR GRILLED WITH GARLIC BUTTER

### ITALIAN BREASOLA £5.95

CURED MORAYSHIRE BEEF & WILD MUSHROOMS, SAUTÉED IN GARLIC BUTTER & TOPPED WITH SHAVED PARMESAN

### HAGGIS FROM MUNROS OF DINGWALL £5.45

NEEPS AND TATTIES WITH A CRUSHED PEPPERCORN CREAM

## DINNER SPECIALITIES

### FILLET OF TARRADALE VENISON SADDLE £14.95

PAN SEARED & CARVED PINK OVER A POTATO ROSTI WITH CREAMY LEEKS AND A RED WINE & JUNIPER REDUCTION

### FREE RANGE CHICKEN SUPREME £12.95

CRUSHED POTATO, CHAR-GRILLED MEDITERRANEAN VEGETABLES & TOMATO CREAM

### PROVENÇAL VEGETABLE LASAGNE (V) £10.95

CHAR-GRILLED ZUCCHINI, AUBERGINE & PIMENTOS LAYERED WITH FRESH EGG LASAGNE & TOMATO, TOPPED WITH AN OLIVE & BASIL SAUCE WITH APPLEWOOD SMOKED CHEDDAR - SERVED WITH A SIDE SALAD

### PAELLA MARISCO

£14.95 FOR 1 PERSON OR £26.95 FOR 2

LOCALLY SOURCED KING SCALLOPS, KING PRAWNS, TAIN MUSSELS, CALAMARI & PAELLA RICE COOKED IN OUR SHELLFISH & SAFFRON STOCK

### WILD MUSHROOM PAELLA (V) £11.95

OYSTER & SHITAKE MUSHROOMS WITH PAK CHOY & SAFFRON RICE COOKED IN OUR PAELLA SAUCE

## SEAFOOD

### TRADITIONAL FISH & CHIPS £10.95

MALAIG FILLET OF HADDOCK IN BEER BATTER - SERVED WITH HAND-CUT CHIPS, TARTAR SAUCE & MUSHY PEAS

### LOCH UAMH MUSSELS MARINERE £11.95

ONE KILO STEAMED MUSSELS WITH WHITE WINE, GARLIC & SHALLOTS THEN FINISHED WITH CREAM

### FISH OF THE DAY MARKET PRICE

BAKED WITH FRESH LEMON ON THE BONE & SERVED WITH BABY POTATOES, TARTAR SAUCE & SALAD

### LOBSTER THERMIDOR MARKET PRICE

GRILLED WITH HOLLANDAISE SAUCE & PARMESAN. SERVED WITH BABY POTATOES & DRESSED SALAD

### WHOLE LOBSTER SALAD MARKET PRICE

POACHED & SERVED OPEN WITH CAESAR SALAD & HAND-CUT CHIPS OR BABY POTATOES

### WEST COAST LANGOUSTINES £26.95

PAN-FRIED WITH SHALLOTS, GARLIC & CHILLI, FLAMBÉ WITH COGNAC & FINISHED WITH TOMATO & CORIANDER - SERVED WITH BABY POTATOES

### GRAND SEAFOOD PLATTER FOR 2 PERSONS £99.00

WHOLE LOBSTER, BROWN CRABS, MUSSELS, SAUTÉED KING PRAWNS & SCALLOPS, LANGOUSTINES, & OYSTERS. SERVED WITH MIXED SALAD & BABY POTATOES

# STEAKS & GRILLS

WE SERVE THE FINEST MORAYSHIRE BEEF DRY AGED FOR A MINIMUM OF 21 DAYS. ALL OUR STEAKS ARE SEASONED WITH SEA SALTS & MILLED BLACK PEPPERCORNS. ALL STEAKS & GRILLS ARE SERVED WITH HAND-CUT CHIPS & SIDE SALAD

## RUMP STEAK - 10oz £12.95

ALSO KNOWN AS A NEW YORK CUT – A LEAN, JUICY STEAK THAT IS THE CHOICE OF MANY MEAT EATERS

## RIB EYE STEAK - 8oz £14.95

TAKEN FROM THE FORE-RIB THIS IS A POPULAR STEAK THAT IS TENDER AND FULL OF FLAVOUR

## SIRLOIN STEAK - 10oz £17.95

A WELL MARBLED STEAK THAT HAS A DELICIOUS FLAVOUR AND IS SUPERBLY TENDER

## STEAK BURGER - 8oz £10.95

OUR FINEST STEAK MINCE - SEASONED AND SERVED IN A GRILLED CIABATTA WITH APPLEWOOD SMOKED CHEDDAR

## SURF & TURF COMBO

PAIR YOUR STEAK WITH ONE OF THE FOLLOWING –

KING SCALLOPS	£4.95
JUMBO KING PRAWNS	£4.95
HALF LOBSTER	£19.95

## FILLET STEAK - 8oz £19.95

A LUXURIOUS CUT OF BEEF - THE MOST LEAN AND TENDER STEAK FOR THAT SPECIAL TREAT

## T-BONE STEAK - 16oz £24.95

SERVED ON THE BONE FOR A GREATER TASTE - ONLY DONE TO ORDER FOR THE BIG APPETITE

## LAMB RUMP STEAK - 8oz £12.95

TENDER WITH DELICIOUS FLAVOUR MARINATED WITH GARLIC AND ROSEMARY

## FREE RANGE CHICKEN SUPREME £11.95

LOCAL CHICKEN LIGHTLY SEASONED WITH CAJUN SPICES

## COOKED JUST HOW YOU LIKE IT

BLUE - VERY RED WITH COLD CENTRE  
RARE - RED WARM CENTRE  
MEDIUM RARE - RED WARMER CENTRE  
MEDIUM - PINK WARM CENTRE  
MEDIUM WELL - DULL PINK CENTRE  
WELL DONE - KNACKERED

## ACCOMPANIMENTS

ALL ACCOMPANIMENTS ARE AVAILABLE WITH STARTERS AND MAINS

HAND-CUT CHIPS	£2.95
BABY POTATOES	£1.95
GARLIC CIABATTA LOAF	£2.95
MARKET VEGETABLES	£2.50
BEER BATTERED ONION RINGS	£2.50

## SAUCES

A FINE COMPLEMENT TO OUR GREAT STEAKS **£1.95**

CRUSHED PEPPERCORN SAUCE  
DIANE SAUCE  
HOLLANDAISE SAUCE  
MELTING GARLIC BUTTER

## DESSERTS

### CLASSIC TIRAMISU £5.45

ITALIAN TRIFLE OF ESPRESSO SPONGE LAYERED WITH SWEET MARSALA, BRANDY AND MASCARPONE CREAM

### STRAWBERRY CHEESECAKE £5.45

VANILLA CHEESECAKE TOPPED WITH STRAWBERRY COMPOTE AND FRESH STRAWBERRIES

### HOMEMADE ICE-CREAMS OF THE DAY £4.95

SERVED WITH SHORTBREAD.  
PLEASE ASK YOUR WAITER FOR TODAY'S FLAVOUR.

### CRÈME BRULEE £4.95

OF WHITE CHOCOLATE AND PEAR WITH SHORTBREAD DISCS

### CLASSIC STICKY DATE PUDDING £5.45

TOPPED WITH BUTTERSCOTCH SAUCE AND VANILLA POD ICE CREAM

### SCOTTISH CHEESE SELECTION £5.95

LANARK BLUE, CLAVA ORGANIC BRIE AND APPLEWOOD SMOKED CHEDDAR WITH OATCAKES AND APPLE CHUTNEY

*ALL SAUCES ON THE MENU ARE GLUTEN FREE*